

# JUNE 2017

## Afton Breakfast Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

The Romans called June "Iunius" or Junius, but it is unclear whether this was after Juno, goddess of marriage, or whether May and June were named for the old and young: 'maiores' and 'juniores'.

**5**

Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**6**

Breakfast Round  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**7**

Mini-Pancakes  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**8**

Cheese Omelete  
w/1/2 Bagel  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**9**

Breakfast Sandwich  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**12**

Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**13**

Breakfast on a Stick  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**14**

Cheese Omelete  
w/1/2 Bagel  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**15**

Mini French Toast Sticks  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**16**

Breakfast Sandwich  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

Regents Week! Good Luck! We are open! Fuel your brain!

**19**

Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**20**

French Toast Sticks  
OR  
Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**21**

Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**22**

Bagel w/ Cream Cheese  
100% Juice  
Fresh /Canned Fruit  
Low Fat/Fat Free Milk

**23**

1/2 Day  
Breakfast Only  
No Lunch

Regents Week! Good Luck! We are open! Fuel your brain!

**6**

summer vacation  
begins!



**27**

**28**

Congratulations,  
Class of 2017!  
Best Wishes  
for a Happy,  
Healthy Future!

**29**

**30**

### Available Daily:

Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day

### Milk Choices:

1% White, Skim White  
Skim Chocolate, Skim Strawberry  
(when available)

### Elementary Available Daily:

Peanut Butter and Jelly Sandwich  
Yogurt Plate  
(4 oz. Yogurt, 1/2 sandwich & roll)

### Menu Prices

**Breakfast PK-12 1.00**  
**Reduced Breakfast \$ .25**  
**Reduced Lunch \$ .25**

### School News

Breakfast and lunch will be available to students taking Regents exams in the Elementary Cafeteria.  
**Fuel Your Brain!**





# JUNE 2017 Afton Lunch Menu

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**THURSDAY**

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Nachos  
w/Meat & Cheese  
Corn  
Refried Beans

+Elem: Ham Sandwich

6

Pepperoni Roll  
w/ Dipping Sauce  
Broccoli

+Elem: Tuna Sandwich

7

### Annual Free BBQ!

Hamburger  
Hot Dog  
Baked Beans  
Macaroni Salad  
Chips, Watermelon

8

Chicken Spedies  
On Sub Roll  
Fries  
+Elem: Turkey  
Sandwich

9

Cook's Choice!  
A little of everyone's  
favorite dish!

12

Chicken Fajita  
On Soft Shell  
w/Peppers & Onions  
Refried Beans

+Elem: Italian Sub

13

Hot Meatball  
Sub on Roll  
Buttered Noodles  
Green Beans

+Elem: Ham Sandwich

14

Chicken & Gravy  
On Mashed Potatoes  
Carrot Coins  
Turkey Sandwich

15

### Cole Park Field Trip!

16

Assorted Pizza  
Assorted Sandwiches  
Romaine &  
Spinach Salad  
w/Tomatoes

Regents Week! Good Luck! We are open! Fuel your brain!

19

Or Chicken Patty  
on Bun  
Sweet Potato Fries  
Assorted Sandwiches

20

Taco on Hard  
Or Soft Shell  
Rice  
Refried Beans  
Assorted Sandwiches

21

Chicken Tenders  
Whole Wheat Roll  
Assorted Sandwiches

22

Assorted Pizza  
Assorted  
Sandwiches

23

1/2 Day  
Breakfast Only  
No Lunch

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Yogurt Plate  
(4 oz. Yogurt, 1/2 sandwich & roll)

### Menu Prices

Breakfast PK-12	1.00
Reduced Breakfast \$	.25
Lunch PK - 6	\$2.15
Lunch 7-12	\$2.15
Reduced Lunch	\$.25

### School News

Breakfast and lunch will be available to students taking Regents exams in the Elementary Cafeteria.  
**Fuel Your Brain!**

Starting June 26 at BG Elementary School, Summer Free Meal will be offered

Breakfast 8:00 am - 9:00am  
Lunch 11:00 am - 12:00 pm  
Monday - Friday

Free to all children 18 and under

Menu subject to change without notice

USDA is an equal opportunity provider