

Monday

Tuesday

Wednesday

Thursday

Friday



5

6

Go for a hike!

7

Play outside!

1

Breakfast Sandwich
100% Juice
Low Fat/Fat Free Milk

2

No School

8

Cook Dinner Together!

9

Enjoy quiet time!

12

Bagel w/ Cream Cheese
100% Juice
Low Fat/Fat Free Milk

13

Mini Pancakes
100% Juice
Low Fat/Fat Free Milk

14

Assorted Cereal
100% Juice
Low Fat/Fat Free Milk

15

Pillsbury Pastry Bar
100% Juice
Low Fat/Fat Free Milk

16

Breakfast Sandwich
100% Juice
Low Fat/Fat Free Milk

19

Assorted Cereal
100% Juice
Low Fat/Fat Free Milk

20

Yogurt & Muffin Top
100% Juice
Low Fat/Fat Free Milk

21

Bagel w/ Cream Cheese
100% Juice
Low Fat/Fat Free Milk

22

Mini Pancakes
100% Juice
Low Fat/Fat Free Milk

23

Breakfast Sandwich
100% Juice
Low Fat/Fat Free Milk

26

Bagel w/ Cream Cheese
100% Juice
Low Fat/Fat Free Milk

27

Mini Waffles
100% Juice
Low Fat/Fat Free Milk

28

Bagel w/ Cream Cheese
100% Juice
Low Fat/Fat Free Milk

29

Muffins
100% Juice
Low Fat/Fat Free Milk

30

Breakfast Sandwich
100% Juice
Low Fat/Fat Free Milk

Grab and Go at Door!
Milk Choices: 1% White, Skim Chocolate



Monday

Tuesday

Wednesday

Thursday

Friday



5

READ

6

Go for a hike!

7

Play outside!

1

Pepperoni Roll
w/ Dipping Sauce
Roasted Broccoli

2

No School

8

Cook Dinner Together!

9

Enjoy quiet time!

12

Chicken Tenders
WG Roll
Seasoned Rice
Carrot Coins

13

Nachos
W/Meat & Cheese
Golden Corn
Refried Beans

14

Cheeseburger or Bacon
Cheeseburger on Bun
Tator Tots

15

Hot Meatball Sub
Garlicy Buttered Noodles
Green Beans

16

Pizza
Roasted Brussel Sprouts

19

Chicken Spedies on Roll
Green Beans
French Fries

20

Hot Dog on Bun
Vegetarian Beans
Macaroni Salad

21

Chicken Patty or Spicy
Chicken Patty on Bun
Sweet Potato Fries

22

Roast Pork & Gravy over
Mashed Potatoes
WG Roll

23

Pepperoni Roll
w/ Dipping Sauce
Roasted Broccoli

26

Grilled Cheese Sandwich
Campbell's Tomato Soup
Green Beans

27

French Toast Sticks
Sausage
Hash Brown Patty
Seasoned Carrots

28

Ultimate Chicken Bowl
(Popcorn Chicken, Mashed
Potatoes w/ Gravy, Corn
and Cheese)
WG Roll

29

Chicken Fajita on Soft
Shell w/ Cheese
Peppers & Onions
Mexican Corn
Rice

30

Pizza
Romaine & Spinach Salad

Available Daily: Sandwich Choice, PB & J,
MS/HS: Salad of the Day
NY Milk Choices: 1% White, Skim Chocolate

Weekly Sandwich Choices:
Monday: Ham & Cheese **Thursday:** Turkey
Tuesday: Egg Salad **Friday:** Ham Sandwich
Wednesday: Chicken Salad

