

Monday

Tuesday

Wednesday

Thursday

Friday

Elem: Bagel **6**
MS/HS: Scrambled Eggs
w/ ½ bagel
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Muffin **7**
100% Juice
Low Fat/Fat Free Milk

Pillsbury Frudel **1**
100% Juice
Low Fat/Fat Free Milk

Elem: Bagel **2**
MS/HS: Waffles
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast Sandwich **3**
100% Juice
Low Fat/Fat Free Milk

Mini Waffles **13**
100% Juice
Low Fat/Fat Free Milk

Elem: Bagel **14**
MS/HS: Breakfast Pizza
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast on a Stick **8**
100% Juice
Low Fat/Fat Free Milk

Yogurt & Pop Tart **9**
100% Juice
Low Fat/Fat Free Milk

Breakfast Sandwich **10**
100% Juice
Low Fat/Fat Free Milk

Pop Tarts **15**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Oatmeal Rounds **16**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast Sandwich **17**
100% Juice
Low Fat/Fat Free Milk

Regent's week begins

No School **20**
JUNETEENTH

Assorted Cereal Bars **21**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Pop Tarts **22**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Assorted Cereal **23**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk



Have a happy, healthy, and safe summer vacation! **27**

Breakfast and lunch will be available during regent's week **28**

Congratulations, Class of 2022! Best Wishes for a Happy, Healthy Future! **29**



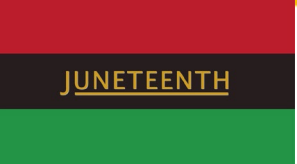


The USDA will be teaming up with Afton CSD to offer a Summer Feeding Program that is **Free** for All children 18 and under, Children with disabilities to age 21.

Monday – Thursday at the Middle/High School Cafeteria

July 5th – August 12th

Breakfast: 7:15 – 9:00, Lunch: 11:00 – 12:30

Kids and teens in your neighborhood can get a healthy, delicious meal. Call 1-866-3HUNGRY to learn more.

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Cordon Blue 1 Or Chicken Patty on Bun French Fries WG Roll	Annual BBQ! 2 Hamburgers, Hot Dogs Baked Beans, Macaroni Salad Chips, Watermelon, & Capri Sun	Pepperoni or Three Cheese Roll 3 W/Dipping Sauce Roasted Broccoli
Grilled Cheese Sandwich Campbell's Tomato Soup 6	Italian Meatball Sub Garlic Noodles Green Beans 7	Ultimate Chicken Bowl 8 Corn WG Roll	Chicken Spedies On Roll 9 Potato Salad Seasoned Carrots	Assorted Classic Pizza Romaine Salad 10
Roast Chicken Seasoned Rice Carrot Coins WG Roll 13	Pepperoni or Three Cheese Roll W/Dipping Sauce Roasted Broccoli 14	Grilled Chicken, Bacon Cheese on Roll French Fries 15	Taco on Soft Shell w/ Meat, Cheese, Salsa & Sour Cream Corn Refried Beans 16	Assorted Classic Pizza Romaine Salad 17
No School 20 	½ Day Bag Lunches Served 21	½ Day Bag Lunches Served 22	½ Day Breakfast only 23	HAPPY SUMMER VACATION!
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