

Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes 100% Juice Low Fat/Fat Free Milk 2	Elem: Bagel MS/HS: Omelet w/ ½ bagel 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 3	Waffles 100% Juice Low Fat/Fat Free Milk 4	Yogurt & Muffin 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 5	Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk 6
Mini Waffles 100% Juice Low Fat/Fat Free Milk 9	Elem: Bagel MS/HS: Scrambled Eggs w/ ½ bagel 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 10	Pillsbury Frudel 100% Juice Low Fat/Fat Free Milk 11	Strawberry Strudel 100% Juice Low Fat/Fat Free Milk 12	Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk 13
Cinni Minis 100% Juice Low Fat/Fat Free Milk 16	Elem: Pizza Square MS/HS: Breakfast Pizza 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 17	Elem: Bagel MS/HS: French Toast Sticks 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 18	Yogurt & Pop Tart 100% Juice Low Fat/Fat Free Milk 19	Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk 20
Pillsbury Pastry Bar 100% Juice Low Fat/Fat Free Milk 23	Elem: Bagel MS/HS: Breakfast Wrap 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 24	Muffin 100% Juice Low Fat/Fat Free Milk 25	Sausage & Cheese On a Biscuit 100% Juice Low Fat/Fat Free Milk 26	Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk 27
 30	Pop Tarts 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk 31			

Choices Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese, Smoothie, Pop-Tarts

Milk Choices: 1% White, Skim White, Skim Chocolate



MAY 2022

Afton Lunch Menu

Breakfast and Lunch will be served at NO COST to students for the 21/22 school year!

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Burger or Cheeseburger on Roll Crispy Fries 2	Taco on Soft Shell w/ Meat, Cheese, Salsa & Sour Cream Corn Refried Beans 3	New Item! Saucy Chicken Biscuit Sandwich (Chicken patty on a biscuit w/creamy dressing) Coleslaw, Tator Tots 4	Rotini w/ Meat Sauce Roasted Broccoli WG Roll 5	Pepperoni or Three Cheese Roll W/Dipping Sauce Green Beans 6
Grilled Chicken Cordon Blue or Grilled Chicken on Roll Sweet Fries 7	Italian Meatball Sub Garlic Buttered Noodles Green Beans 10	Popcorn Chicken Bowl Corn WG Roll 11	Turkey Spedies on Roll Macaroni Salad Vegetarian Beans 12	Assorted Classic Pizza Romaine Salad 13
Grilled Cheese Sandwich Campbell's Tomato Soup Green Beans 16	Chicken Taco on Soft Shell w/ Meat, Cheese, Salsa & Sour Cream Corn, Refried Beans 17	Macaroni & Cheese Roasted Broccoli WG Roll 18	**NY Thursday** NY Italian Sausage w/ Peppers (not NY) & Onions (NY) NY Roasted Potatoes NY Salad w/ Veggies NY Apple, NY Milk 19	Pepperoni or Three Cheese Roll W/Dipping Sauce Romaine Salad 20
Chicken Tenders Seasoned Rice Carrot Coins WG Roll 23	New Item! Mini Cristo on Biscuit (ham, cheese and jelly on biscuit) French Fries 24	Tuscan Chicken On Roll w/Lettuce & Tomato Tator Tots 25	Elem: Rib B Que on Roll MS/HS: Sloppy Joe on Bun or Crispy Fish Sandwich Coleslaw Baked Beans 26	Assorted Classic Pizza Romaine Salad 27
 30	Nachos w/ Meat, Cheese, Salsa & Sour Cream Corn Refried Beans 31	NY Food Vendors: Milk: Upstate Farms, NY Apples, Lettuce, Veggies, Potatoes, Onions & Sausage: Headwater Food Hub, Ontario, NY		

Available Daily: Canned fruit, fresh fruit, fresh veggie, Hot veggie of the day.
PB&J, Yogurt Plate, Specialty Salads, & Yogurt Parfaits

NY Milk Choices: 1% White, Skim White, Skim Chocolate

Weekly Sandwich Choices:
Monday: Ham
Tuesday: Egg Salad
Wednesday: Tuna
Thursday: Turkey
Friday: Assorted