



November

2018

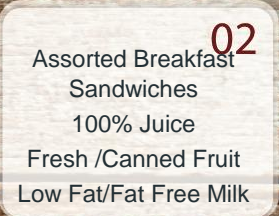
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Assorted Oatmeal 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **05**

Breakfast on a Stick 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **06**

Scrambled Eggs w/½ Bagel 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **07**

NY Thursdays: 4 oz.NY Yogurt w/ Muffin 100% Juice Fresh /Canned Fruit NY Low Fat/Fat Free Milk **08**

Assorted Breakfast Sandwiches 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **09**



Assorted Oatmeal 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **13**

French Toast Sticks 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **14**

NY Thursdays: 4 oz.NY Yogurt w/ Muffin 100% Juice Fresh /Canned Fruit NY Low Fat/Fat Free Milk **15**

Assorted Breakfast Sandwiches 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **16**

Assorted Oatmeal 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **19**

Assorted Breakfast Sandwiches 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **20**

No School Thanksgiving Recess **21**



No School Thanksgiving Recess **23**

Assorted Oatmeal 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **26**

Omelet w/½ Bagel 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **27**

Ultimate Breakfast Round (UBR) 100% Juice Fresh /Canned Fruit Low Fat/Fat Free **28**

NY Thursdays: 4 oz.NY Yogurt w/ Muffin 100% Juice Fresh /Canned Fruit NY Low Fat/Fat Free Milk **29**

Assorted Breakfast Sandwiches 100% Juice Fresh /Canned Fruit Low Fat/Fat Free Milk **30**

InSeason! Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are now over 600 varieties of oranges worldwide.



Ideal conditions for growing oranges are in sub-tropical areas that have good amounts of sunshine yet moderate to warm temperatures (60°F - 84 °F).

Announcements

Choices Available Daily:

- Assorted Cereal
- Assorted Cereal w/1/2 bagel
- Bagel w/ Cream Cheese
- Smoothies

Milk Choices:

- 1% White, Skim White
- Skim Chocolate, Skim Strawberry (when available)

“USDA is an equal opportunity provider and employer”

Meal Prices

Breakfast and Lunch will be served at NO COST to students for the 18/19 school year!

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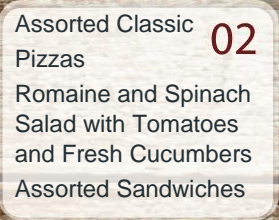
MONDAY

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THURSDAY

FRIDAY



French Toast Sticks **05**
Cheesy Eggs
Orange Glazed Carrot
Warmed Apples w/Cinnamon
Egg Salad Sandwich

Loaded Nachos **06**
with Meat & Cheese
Refried Beans
Whole Kernel Corn
Ham Sandwich

Crispy Chicken Tenders **07**
Whole Grain Roll
Buffalo Cauliflower
Tator Tots
Tuna Sandwich

NY Thursdays: **08**
Spaghetti
W/NY Meat Sauce
Whole Grain Roll
Spinach
NY Milk, NY Apples
Turkey & Cheese Sandwich

Assorted Classic Pizzas **02**
Romaine and Spinach Salad with Tomatoes and Fresh Cucumbers
Assorted Sandwiches
Italian Pepperoni **09**
Roll w/Marinara Sauce
Romaine and Spinach Salad with Tomatoes, Fresh Cucumbers

No School **12**


Chicken & Cheese Quesadillas **13**
Marinated Black Bean Salad
Fluffy Rice
Ham Sandwich

Rib B Que on Roll **14**
Sweet Potato Fries
Cut Green Bean
Tuna Sandwich

NY Thursdays: **15**
Hamburger or Cheeseburger on Whole Grain Roll
NY Roasted Potatoes
NY Milk, NY Apples
Turkey & Cheese Sandwich

Thanksgiving Dinner! **16**
Turkey & Gravy
Mashed Potatoes, Stuffing, Sweet Potatoes, Peas, Roll, Apple Crisp

Toasty Grilled Cheese Sandwich **19**
Campbell's Tomato Soup
Roasted Broccoli
Assorted Sandwiches

French Bread Pizza **20**
Romaine and Spinach Salad with Tomatoes and Fresh Cucumbers
Assorted Sandwiches

No School **21**
Thanksgiving Recess



No School **23**
Thanksgiving Recess

Homemade Macaroni & Cheese **26**
Whole Grain Roll
Roasted Brussel Sprouts
Egg Salad Sandwich

Hard or Soft Shell Taco w/ All the topping **27**
Refried Beans
Golden Corn
Fluffy Rice
Ham Sandwich

Ultimate Chicken Bowl **28**
Popcorn Chicken
Mashed Potatoes, Gravy, Corn & Cheese
Tuna Sandwich

NY Thursdays: **29**
BBQ Chicken Sub
Harvest Bake
Macaroni Salad
NY Milk, NY Apples
Turkey & Cheese Sandwich

Italian Pepperoni Roll w/Marinara Sauce **30**
Romaine and Spinach Salad with Tomatoes, Fresh Cucumbers

Announcements

Available Daily:
Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day
May Choose up to two (2)
Milk Choices:
1% White, Skim White
Skim Chocolate, Skim Strawberry (when available)
Daily Choices:
Sandwich of the Day
PB&J
Chef/Grilled Chicken Salad
NY Yogurt Parfait
NY Yogurt Plate

Menu subject to change without notice

Meal Prices

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THURSDAY

FRIDAY



NY Thursdays: **01**
Chicken Cordon Blue
or Crispy Chicken on
WG Roll, Seasoned Rice,
Three Bean Salad
NY Milk, NY Apples

Assorted Classic **02**
Pizzas
Romaine and Spinach
Salad with Tomatoes
and Fresh Cucumbers

French Toast Sticks **05**
Cheesy Eggs
Orange Glazed Carrot
Warmed Apples
w/Cinnamon

Loaded Nachos **06**
with Meat & Cheese
Refried Beans
Whole Kernel Corn

Crispy Chicken **07**
Tenders
Whole Grain Roll
Buffalo Cauliflower
Tator Tots

NY Thursdays: **08**
Spaghetti
W/NY Meat Sauce
Whole Grain Roll
Spinach
NY Milk, NY Apples

Italian Pepperoni **09**
Roll w/Marinara
Sauce
Romaine and Spinach
Salad with Tomatoes,
Fresh Cucumbers

No School **12**


Chicken & Cheese **13**
Quesadillas
Marinated Black
Bean Salad
Fluffy Rice

14
Rib B Que on Roll
Sweet Potato Fries
Cut Green Bean

NY Thursdays: **15**
Hamburger or
Cheeseburger on
Whole Grain Roll
NY Roasted Potatoes
NY Milk, NY Apples

Thanksgiving Dinner! **16**
Turkey & Gravy
Mashed Potatoes,
Stuffing, Sweet
Potatoes, Peas, Roll,
Apple Crisp

Toasty Grilled **19**
Cheese Sandwich
Campbell's Tomato
Soup
Roasted Broccoli

20
French Bread Pizza
Romaine and Spinach
Salad with Tomatoes
and Fresh Cucumbers

No School **21**
**Thanksgiving
Recess**



No School **23**
**Thanksgiving
Recess**

Homemade **26**
Macaroni & Cheese
Whole Grain Roll
Roasted Brussel
Sprouts

Hard or Soft Shel **27**
Taco w/ All the topping
Refried Beans
Golden Corn
Fluffy Rice

Ultimate Chicken Bowl **28**
Popcorn Chicken
Mashed Potatoes,
Gravy, Corn
& Cheese

NY Thursdays: **29**
BBQ Chicken Sub
Harvest Bake
Macaroni Salad
NY Milk, NY Apples

Italian Pepperoni **30**
Roll w/Marinara
Sauce
Romaine and
Spinach Salad with
Tomatoes, Fresh
Cucumbers

InSeason! Oranges

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Announcements

Available Daily:
Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day
May Choose up to two (2)
NY Milk Choices:
1% White, Skim White
Skim Chocolate, Skim Strawberry (when available)
Daily Choices:
Crispy Chicken on Roll
Hamburger/Cheeseburger on Bun
Hot Wrap of the Day
Chef/Grilled Chicken Salad
NY Yogurt Parfait
NY Yogurt Plate
Menu subject to change without notice.

Meal Prices

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