

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Mini Pancakes 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>2</b> <b>Elem: Bagel</b> <b>MS/HS: Omelet w/ ½ bagel</b> 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>3</b> Muffin 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>4</b> Yogurt & Pop Tart 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>5</b> Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk
<b>8</b> Mini Waffles 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>9</b> Cinni Mini 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>10</b> Muffin 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>11</b> No School 	<b>12</b> Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk
<b>15</b> Pillsbury Breakfast Bar 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>16</b> <b>Elem: Bagel</b> <b>MS/HS: Breakfast Pizza</b> 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>17</b> <b>New Item</b> Pancake and Sausage Sandwich 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>18</b> Yogurt & Muffin 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>19</b> Breakfast Sandwich 100% Juice Low Fat/Fat Free Milk
<b>22</b> Frudels 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>23</b> Assorted Cereal 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>24</b> 	<b>25</b> Happy Thanksgiving 	<b>26</b> 
<b>29</b> <b>Elem: Pop Tart</b> <b>MS/HS: Waffles w/Sausage</b> 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	<b>30</b> <b>Elem: Bagel</b> <b>MS/HS: Scrambled Eggs w/ ½ Bagel</b> 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk			



**Choices Available Daily:** Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese, Smoothie, Pop-Tarts  
**Milk Choices:** 1% White, Skim White, Skim Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
<b>New Item</b> <b>1</b> Pizza Burger Or Cheeseburger on Roll Oven Baked Fries	<b>2</b> Nachos w/ Meat, Cheese, Salsa & Sour Cream Corn	<b>3</b> Rib B Que Baked Beans Coleslaw	<b>4</b> Macaroni & Cheese Carrot Coins WG Roll	<b>5</b> Assorted Classic Pizza Romaine & Spinach Salad
<b>8</b> Chicken w/Ham & Cheese Or Chicken Patty on Roll Sweet Fries	<b>9</b> Hot Dog or Cheesy Dog on Bun Baked Beans	<b>10</b> BBQ Chicken Sub Tator Tots Roasted Broccoli	<b>11</b> <b>No School</b> 	<b>12</b> Pepperoni or Three Cheese Roll W/Dipping Sauce Romaine & Spinach Salad
<b>15</b> Grilled Cheese Sandwich Campbell's Tomato Soup	<b>16</b> Taco on Soft Shell w/ Meat, Cheese, Salsa & Sour Cream Refried Beans Corn	<b>17</b> <b>Thanksgiving Dinner</b> Turkey & Gravy, Mashed Potatoes, Sweet Potatoes, Stuffing, Veggie, WG Roll, Apple Crisp	<b>18</b> <b>**NY Thursday**</b> NY Pasta w/ Meat Sauce NY Roasted Brussel Sprouts NY Kale & Ginger Salad NY Pears NY Milk, WG Roll Not NY	<b>19</b> Assorted Classic Pizza Romaine & Spinach Salad
<b>22</b> French Toast Sticks Sausage Glazed Carrots	<b>23</b> French Bread Pizza Green Beans	<b>24</b> 	<b>25</b> 	<b>26</b> 
<b>29</b> Crispy Chicken Tenders Seasoned Rice Roasted Brussel Sprouts WG Roll	<b>30</b> Hot Ham & Cheese On Pretzel Roll Sweet Fries	<b>NY Food Vendors:</b> Beef: <b>Catskill Cattle, Deposit, NY</b> Milk: <b>Upstate Farms, NY</b> NY Food Vendors: <b>Pasta, Sauce, Brussel Sprouts, Kale, Carrots &amp; Pears: Headwater Food Hub, Ontario, NY</b>		



**Available Daily:** Canned fruit, fresh fruit, fresh veggie, Hot veggie of the day. PB&J, Yogurt Plate, Sandwich of the Day and Specialty Salads, Yogurt Parfaits

**NY Milk Choices:** 1% White, Skim White, Skim Chocolate

**Weekly Sandwich Choices:**  
 Monday: Ham  
 Tuesday: Egg Salad  
 Wednesday: Tuna  
 Thursday: Turkey  
 Friday: Assorted

