

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast Sandwich **1**
100% Juice
Low Fat/Fat Free Milk

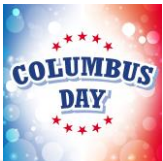
Mini Pancakes **4**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Elem: Bagel **5**
MS/HS: Omelet w/ ½ bagel
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Muffin **6**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast Sandwich **7**
100% Juice
Low Fat/Fat Free Milk

No School **8**

No School **11**


Mini Waffles **12**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Cinni Mini **13**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Elem: Bagel **14**
MS/HS: Pancakes w/Strawberries & Cream
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast Sandwich **15**
100% Juice
Low Fat/Fat Free Milk

Pillsbury Breakfast Bar **18**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Elem: Bagel **19**
MS/HS: Breakfast Pizza
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Elem: Assorted Cereal **20**
MS/HS: Cinnamon Roll
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Yogurt & Muffin **21**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast Sandwich **22**
100% Juice
Low Fat/Fat Free Milk

Elem: Bagel **25**
MS/HS: Waffles w/Sausage
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Elem: Pop-Tarts **26**
MS/HS: Breakfast Taco
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

French Toast Bake **27**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Oatmeal Breakfast Round **28**
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

Breakfast Sandwich **29**
100% Juice
Low Fat/Fat Free Milk

Choices Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese, Smoothie, Pop-Tarts

Milk Choices: 1% White, Skim White, Skim Chocolate

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NY Food Vendors:

Chicken: **Cascun Farms, Greene, NY**

Milk: **Upstate Farms, NY**

NY Food Vendors: **Sweet Potatoes, Beets, Butternut Squash**

Grapes, Carrot Sticks and Dip: Headwater Food Hub, Ontario, NY

Chicken Parmesan **4**
Or Chicken Patty on Roll
Garlic Buttered Noodles
Green Beans

Nachos **5**
w/ Meat, Cheese, Salsa
& Sour Cream
Cowboy Salad

Hot Dog or Cheesy Dog **6**
on Bun
Baked Beans
Macaroni Salad

Hot Turkey Sandwich **7**
w/Mashed Potatoes
Roasted Carrots
WG Roll

Pepperoni or Three **1**
Cheese Roll
W/Dipping Sauce
Romaine & Spinach
Salad

No School **11**


Rodeo Burger **12**
Or Cheeseburger on
Roll
Seasoned Potato
Wedges

Crispy Chicken Tenders **13**
Seasoned Rice
Carrot Coins
WG Roll

****New Menu Item**** **14**
Sloppy Farmer Joe
An old-fashioned sloppy joe with
a sweet tang!
Macaroni Salad
Roasted Broccoli

Pepperoni or Three **15**
Cheese Roll
W/Dipping Sauce
Romaine & Spinach
Salad

National School Lunch Week! Wild About School Lunch

Three Cheese **18**
Grilled Cheese
Sandwich
Campbell's Tomato
Soup

Taco on Soft Shell **19**
w/ Meat, Cheese, Salsa
& Sour Cream
Rice
Black Bean Salad

****NY Thursday** On** **20**
Wednesday...
Roasted Chicken Legs NY
Harvest Bake NY
Carrot Sticks w/Dip NY
Grapes NY
Milk NY, WG Roll Not NY

½ Day Bag Lunches **21**
Sandwich Choice
Apple Slices
Carrot Sticks
Chips

Assorted Classic **22**
Pizza
Romaine & Spinach
Salad

French Toast Sticks **25**
Cheesy Scrambled
Eggs
Glazed Carrots

Italian Meatball Sub **26**
Garlic Butter Noodles
Green Beans

Ultimate Chicken Bowl **17**
Golden Corn
WG Roll

½ Day Bag Lunches **28**
Sandwich Choice
Apple Slices
Carrot Sticks
Chips

Pepperoni or Three **29**
Cheese Roll
W/Dipping Sauce
Romaine & Spinach
Salad
Halloween Dessert

Available Daily: Canned fruit, fresh fruit, fresh veggie, Hot veggie of the day.
PB&J, Yogurt Plate, Sandwich of the Day and Specialty Salads, Yogurt Parfaits

NY Milk Choices: 1% White, Skim White, Skim Chocolate

Weekly Sandwich Choices:

Monday: Ham
Tuesday: Egg Salad
Wednesday: Tuna
Thursday: Turkey
Friday: Assorted

