

JULY 2021

Breakfast and Lunch

Free summer meals will be available to all children ages 18 and under in the Afton Central School Middle/high School Cafeteria from July 6th - August 13th, Wednesdays, pick up only from 11:00 am – 12:30 pm.

Monday

Tuesday

Wednesday

Thursday

Friday



5

Assorted Cereal

6

Bagel w/ Cream Cheese

7

All Breakfasts come with a 100% juice & choice of 1% white milk or FF Chocolate

1

All lunches come with a fruit, veggie & choice of 1% white milk or FF Chocolate

2

Blueberry Bread

8

Breakfast Sandwich

9

Lunch Kit
Or
PB & J

French Toast Sticks
w/Sausage
Or
PB & J

Turkey Sandwich
w/Chips
Or
PB & J

Pizza Bagel
Or
PB & J

Bagel w/ Cream Cheese
Grilled Cheese Sandwich
w/Chips
Or
PB & J

12

Muffin Top

13

Assorted Cereal

14

Mini Pancakes

15

Breakfast Sandwich

16

Chicken Patty on Bun
Or
PB & J

Ham & Cheese Sandwich
w/Chips
Or
PB & J

Cheeseburger on Bun
Or
PB & J

Pizza
Or
PB & J

Bagel w/ Cream Cheese
Taco on Soft Shell
w/Meat & Cheese
Or
PB & J

19

Mini Waffles

20

Pop-Tarts

21

Cereal Bar w/ String Cheese

22

Breakfast Sandwich

23

Hot Dog on Bun
Or
PB & J

Grilled Chicken Sandwich
on Roll w/Chips
Or
PB & J

Italian Sub
w/Chips
Or
PB & J

Pizza Boli
Or
PB & J

Bagel w/ Cream Cheese
Turkey Sandwich
w/Chips
Or
PB & J

26

Mini Pancakes

27

Assorted Cereal

28

Mini Waffles

29

Breakfast Sandwich

30

BBQ Pork on Roll
Or
PB & J

Ham & Cheese Sandwich
w/Chips
Or
PB & J

Popcorn Chicken
w/WG Roll
Or
PB & J

Pizza
Or
PB & J

Kids and teens in your neighborhood can get a healthy, delicious meal. Call 1-866-3HUNGRY to learn more.

AUGUST 2021

Breakfast and Lunch Menu

Free summer meals will be available to all children ages 18 and under in the Afton Central School Middle/high School Cafeteria from July 6th - August 13th, Wednesdays, pick up only from 11:00 am – 12:30 pm.

Monday

Tuesday

Wednesday

Thursday

Friday

2
Bagel w/ Cream Cheese
 Hot Dog on Bun
 Or
 PB & J

3
Muffin 4 oz.
 Turkey Sub w/Chips
 Or
 PB & J

4
Assorted Cereal
 Ham & Cheese Sandwich
 w/Chips
 Or
 PB & J

5
Mini Pancakes
 Egg Salad Sandwich w/Chips
 Or
 PB & J

6
Blueberry Bread
 Lunch Kit
 Or
 PB & J

9
Bagel w/ Cream Cheese
 Hot Dog on Bun
 Or
 PB & J

10
Mini Waffles
 Tuna Sandwich w/Chips
 Or
 PB & J

11
Pop-Tarts
 Turkey Sandwich
 w/Chips
 Or
 PB & J

12
Assorted Cereal
 Ham & Cheese Sub w/Chips
 Or
 PB & J

13
Cereal Bars
 Lunch Kit
 Or
 PB & J

16

17

18

19

20

23

24
Last day for remote meal pick-up will be August 6th.

25

26

27

30

31



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TEXT 'FOOD' TO 877-877

TO FIND FREE SUMMER MEALS NEAR YOU